

PARISI Sports Performance Session Calendar

2021

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Performance Coaches
JS I	10:30am	10:30 OUT	10:30am	10:30 OUT	10:30am	10:00am OUT	Jeff Biehl Justin Chu
7-10 ages	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm		
		5:00pm		5:00pm			
JS II	10:30am	10:30 OUT	10:30am	10:30 OUT	10:30am	10:00am OUT	Chris Daughtry Jacobco Fajardo "Cobo" Austen Waters
10-12 ages	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm		
	6:15pm OUT	5:00pm	6:15pm OUT	5:00pm			
TP I	11:30am	11:30am COMBO	11:30am	11:30am COMBO	11:30am OUT	11:15am COMBO	KEY
13-15 ages	5:00pm COMBO		5:00pm COMBO		5:00pm OUT		JS I - Jump Start
	6:15pm OUT	6:15pm	6:15pm OUT	6:15pm			JS II - Jump Start
Strength		7:15pm		7:15pm			TP I - Total Performance
TP II		2:30pm COMBO		2:30pm COMBO			(COMBO): Combination of
15-18 ages	5:30pm COMBO	5:30pm	5:30pm COMBO	5:30pm	5:00pm COMBO	12:30pm COMBO	speed and strength session
		6:30pm COMBO		6:30pm COMBO			OUT - Refers to OUTDOORS
Strength	7:00pm		7:00pm				TP II - Total Performance
ALL Outdoor Classes will be held at the MAC Outdoor Sports Court location							(COMBO): Combination of
Eval	<i>By scheduled appointment only</i>						speed and strength session
	<i>Please call (281) 497-7570</i>						TPII-All Classes INDOORS



MAC Outdoor Sports Court at the Memorial Athletic Club

Memorial Athletic Club

14690 Memorial Drive Houston, Texas 77079

(281) 497-7570

www.parisischool.com/memorialac