

# **PARISI Sports Performance Session Calendar**

## **FALL 2022**

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Performance Coaches	
<b>P. WEE</b>	3:35pm		3:35pm		3:35pm		Jeff Biehl	
4-6 ages								
<b>JS I</b>	4:15pm	4:15pm	4:15pm	4:15pm	4:15pm	10:00am	Justin Chiu Chris Daughtry	
7-10 ages	6:30pm	5:15pm	6:30pm	5:15pm				
<b>JS II</b>	4:15pm	4:15pm	4:15pm	4:15pm	4:15pm	10:00am	Jacobo Fajardo "Cobo" Austen Waters	
10-12 ages	6:30pm	5:15pm	6:30pm	5:15pm				
<b>TP I</b>							<b>KEY</b>	
13-15 ages	5:15pm COMBO		5:15pm COMBO		5:15pm COMBO	11:15am COMBO	<b>P.WEE-</b> PEE WEE Lil Speeders <b>JS I-</b> Jump Start <b>JS II-</b> Jump Start <b>TP I-</b> Total Performance (COMBO): Combination of speed & strength session <b>TP II-</b> Total Performance (COMBO): Combination of speed & strength session	
	7:30pm	6:15pm	7:30pm	6:15pm				
<b>Strength</b>		7:15pm		7:15pm				
<b>TP II</b>								
15-18 ages	5:30pm COMBO	5:30pm	5:30pm COMBO	5:30pm	5:15pm COMBO	12:30pm COMBO		
		6:45pm COMBO		6:45pm COMBO				
<b>Strength</b>	7:30pm		7:30pm					
<b>Eval</b>	<i>By scheduled appointment only</i>							
	<i>Please call (281) 497-7570</i>							

