




# APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		6:00AM JB- I <b>FTP</b>	5:15AM DC - I	6:00AM BT- I	9:30AM BD - S	8:00AM BS - S
		8:30AM CC2- S	9:30AM FV- I & S	8:30AM CC2- I/S		10:00AM JB - I
		9:30AM CC2- Circuit		9:30AM CC2- Circuit		
		6:30PM TF-S & I				
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	5:15AM DC - S	6:00AM JB- I	5:15AM BS - I	6:00AM BT- I	<b>Spirit Spin</b>	8:00AM BS- I
	9:30AM AJ - S	8:30AM CC2- I/S	9:30AM FV- RD	8:30AM CC2- I/S	6:00AM CC	<b>Begin N Spin</b> 9:15AM JB- BNS
		9:30AM CC2- Circuit		9:30AM CC2- Circuit	<i>Non Spivi</i>	
		6:30PM TF-I			 9:30AM ED - I	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	5:15AM BS - I	6:00AM JB- S & I	5:15AM BS - S	6:00AM BT- I & SI	9:30AM BD - I & S	8:00AM BS- I
	9:30AM AJ - S/I	8:30AM CC2- I	9:30AM FV- S	8:30AM CC2- S		10:00AM JB- S
		9:30AM CC2- Circuit		9:30AM CC2- Circuit		
		6:30PM TF-S				
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	5:15AM DC - I & S	6:00AM JB- I & S	5:15AM BS - I	6:00AM BT- S	9:30AM ED - S	8:00AM BS- S
	9:30AM AJ - S & I	8:30AM CC2- I/S	9:30AM FV- I & S	8:30AM CC2- I		10:00AM AW - I
		9:30AM CC2- Circuit		9:30AM CC2- Circuit		
		<b>Begin N Spin</b> 5:45pm - 6:15pm				
		6:30PM TF-I & S				
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>			
<b>Spirit Spin</b>	5:15AM DC - I	6:00AM JB- I	5:15AM BS - S/I			
7:30AM CC	9:30AM BD - I	8:30AM CC2- I/S	9:30AM FV- S			
		9:30AM CC2- Circuit				
<i>Non Spivi class</i>		6:30PM TF-I				
Please remember to reserve your bike on the <b>MAC App</b> . up to 3-days in advance						
<b>Reservation required on MAC App</b>	ED - Erin Danielson AW-Allison Whisler BT-Bill Thomas	BD-Betsy Dodson BS-Becky Stevens AJ-Alice Jones	JB-Jeff Biehl DC-Debbie Cannella FV-Felipe Veracochea	CC-Charlotte Crawford SH-Sarah Holloway HA-Heather Attaway	MP- Michelle Perez CC2- Carolina Carstens TF-Tammy Fugate	 <a href="mailto:fitness@fitmac.com">fitness@fitmac.com</a> or (281) 497-7570

**APRIL 2025**

***Boo!***

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