

Coaching Staff

Steve Clancy
USMS Level III Coach

Steve has been swimming Masters for nearly 20 years and has been affiliated with a number of different Masters clubs in Chicago and Houston. He swam competitively in high school and competed at the Masters level in both local meets and Regional/Zones.

Mandi Roden
WSI, LG

I competitively swam in the DFW area for 10 years including starting my prep school's swim program as the first swimmer to swim at TAPPS state meet. I picked swimming back up to get in shape after having my children. I have been a swim instructor at MAC for 6 years and also coach our YAF teams. I am so excited to add coaching Masters to my schedule. I am a 4 time 70.3 Ironman and my entire family competes in triathlon. When I'm not teaching at MAC, you'll find me swimming on my off time. Come join me!

Russell Hubbard
USMS Level II Coach

Russell is a native to the Spring Branch Memorial areas swimming at Dad's club and Spring Woods High School. Russell also swam in college at Southwest Texas State University. Russell began teaching swimming to adults and children as a teenager. He has also worked with physically and mentally challenged children and adults, with Red Cross Adapted Aquatics. Russell is certified in both Red Cross and YMCA coaching certifications. And participates in many USMS and FINA Events.

Patrick Harrington
USMS Level II
Coach

Began age group swimming at age 12. Continued through middle school and high school. As part of the Memorial Mustang swimming team and Dad's Club AAU team Patrick contributed to State championships with numerous high school and age group swimming records. Qualified and participated in 1968 Olympic Trials and went on in 1969 to placing 8th in the AAU Nationals. That 8th place finish had him listed as having the 9th fastest 200 meter backstroke in the world. Continued swimming on scholarship at The University of Texas in Austin. After a break he discovered Master's swimming and has participated in that since the mid 1980's. "Swimming has been a beautiful part of my entire life and I can now bring that love and enthusiasm to coaching the MAC Master's participants".



Coached Practices

Mon, Wed and Friday morning
5:30 am-7 am

Tuesday evening 6:30-8 pm

Thursday eve 6:30-8 pm starting 1/5/23

Saturday morning
8-9:30 am

Benefits Include

- On Deck Coaching
- Motivational Leadership
- Structured Workout Regimen
- Stroke Technique Evaluation
- Stroke Technique Corrections
- Camaraderie and Fun
- Latest Stroke Developments
- Underwater Filming for Stroke Evaluations
- Be Part of a Great Group!



DATE _____



ONE Week Trial For MAC
Members Only.

**Come join the Masters team for
a one week complimentary trial.
No obligations.**

Name: _____
Phone #: _____
Email: _____