

# **PARISI Sports Performance Session Calendar**

## **FALL 2022**

| Class Type      | Monday                               | Tuesday      | Wednesday    | Thursday     | Friday       | Saturday      | Performance Coaches                              |
|-----------------|--------------------------------------|--------------|--------------|--------------|--------------|---------------|--|
| <b>P. WEE</b>   | 3:35pm                               |              | 3:35pm       |              | 3:35pm       |               | Jeff Biehl                                       |
| 4-6 ages        |                                      |              |              |              |              |               |  |
| <b>JS I</b>     | 4:15pm                               | 4:15pm       | 4:15pm       | 4:15pm       | 4:15pm       | 10:00am       | Justin Chiu                                      |
| 7-10 ages       | 6:30pm                               | 5:15pm       | 6:30pm       | 5:15pm       |              |               | Chris Daughtry                                   |
| <b>JS II</b>    | 4:15pm                               | 4:15pm       | 4:15pm       | 4:15pm       | 4:15pm       | 10:00am       | Jacobo Fajardo "Cobo"                            |
| 10-12 ages      | 6:30pm                               | 5:15pm       | 6:30pm       | 5:15pm       |              |               | Austen Waters                                    |
| <b>TP I</b>     |                                      |              |              |              |              |               | <b>KEY</b>                                       |
| 13 15 ages      | 5:15pm COMBO                         |              | 5:15pm COMBO |              | 5:15pm COMBO | 11:15am COMBO | <b>P.WEE-</b> PEE WEE Lil Speeders               |
|                 | 7:30pm                               | 6:15pm       | 7:30pm       | 6:15pm       |              |               | <b>JS I-</b> Jump Start                          |
| <b>Strength</b> |                                      | 7:15pm       |              | 7:15pm       |              |               | <b>JS II-</b> Jump Start                         |
| <b>TP II</b>    |                                      |              |              |              |              |               | <b>TP I-</b> Total Performance                   |
| 15 -18 ages     | 5:30pm COMBO                         | 5:30pm       | 5:30pm COMBO | 5:30pm       | 5:15pm COMBO | 12:30pm COMBO | (COMBO): Combination of speed & strength session |
|                 |                                      | 6:45pm COMBO |              | 6:45pm COMBO |              |               |  |
| <b>Strength</b> | 7:30pm                               |              | 7:30pm       |              |              |               | <b>TP II-</b> Total Performance                  |
|                 |                                      |              |              |              |              |               | (COMBO): Combination of speed & strength session |
| <b>Eval</b>     | <i>By scheduled appointment only</i> |              |              |              |              |               |  |
|                 | <i>Please call (281) 497-7570</i>    |              |              |              |              |               |  |



Memorial Athletic Club

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[www.parisischool.com/memorialac](http://www.parisischool.com/memorialac)



## PEE WEE

### *A Little Speedsters Program*

**Audience:** Ages 4-6



Focus: Motor skill development, problem solving, athletic movement, self-esteem building.

Parisi Pee Wee classes teach fundamental athletic movements to children 4-6 years old. This class integrates age-appropriate educational strategies with motivational coaching.

## Fall 2022

### *Starting August 15th*

**Schedule** (*Must preregister for classes*)

Monday - Wednesday - Friday 3:35pm

### **Pee Wee Little Speedsters**

1 month membership, 1 day per week \$95.00

1 month membership, 2 days per week \$169.00

**For more information**

**(832)691-6443**