

PARISI Sports Performance Session Calendar

2021

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Performance Coaches
JS I	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	10:00am OUT	Jeff Biehl Justin Chu
7-10 ages	6:15pm	5:00pm OUT	6:15pm	5:00pm OUT			
JS II	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	10:00am OUT	Chris Daughtry Jacobco Fajardo "Cobo" Austen Waters
10-12 ages	6:15pm	5:00pm OUT	6:15pm	5:00pm OUT			
TP I	5:00pm COMBO OUT		5:00pm COMBO OUT			11:15am COMBO	KEY
13 15 ages					5:00pm OUT		JS I- Jump Start
	7:15pm	6:00pm	7:15pm	6:00pm			JS II- Jump Start
Strength		7:00pm		7:00pm			TP I- Total Performance
TP II							(COMBO): Combination of
15 -18 ages	5:30pm COMBO	5:30pm	5:30pm COMBO	5:30pm	5:00pm COMBO	12:30pm COMBO	speed & strength session
		6:30pm COMBO		6:30pm COMBO			OUT - Refers to OUTDOORS
Strength	7:30pm		7:30pm				TP II- Total Performance

ALL Outdoor Classes will be held at the MAC Outdoor Sports Court location

Eval	<p style="text-align: center;"><i>By scheduled appointment only</i></p> <p style="text-align: center;"><i>Please call (281) 497-7570</i></p>	
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MAC Outdoor Sports Court at the Memorial Athletic Club

Memorial Athletic Club

14690 Memorial Drive Houston, Texas 77079

(281) 497-7570

www.parischool.com/memorialac