

PARISI Sports Performance Session Calendar

Spring 2023

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Performance Coaches
P. WEE	3:35pm		3:35pm		3:35pm		Jeff Biehl
4-6 ages							
JS I	4:15pm	4:15pm	4:15pm	4:15pm	4:15pm	10:00am	Justin Chiu
7-10 ages	6:30pm	5:15pm	6:30pm	5:15pm			Chris Daughtry
JS II	4:15pm	4:15pm	4:15pm	4:15pm	4:15pm	10:00am	Alexi "Lex" Hahn
10-12 ages	6:30pm	5:15pm	6:30pm	5:15pm			Jack Pidgeon
TP I							Austen Waters
13 15 ages	5:15pm COMBO		5:15pm COMBO		5:15pm COMBO	11:15am COMBO	KEY
	7:30pm	6:30pm	7:30pm	6:30pm			P.WEE- PEE WEE Lil Speeders
Strength		7:30pm		7:30pm			JS I- Jump Start
TP II							JS II- Jump Start
15 -18 ages	5:30pm COMBO	5:30pm	5:30pm COMBO	5:30pm	5:15pm COMBO	12:30pm COMBO	TP I- Total Performance
		6:45pm COMBO		6:45pm COMBO			(COMBO): Combination of
Strength	7:30pm		7:30pm				speed & strength session
							TP II- Total Performance
Eval	<i>By scheduled appointment only</i>						(COMBO): Combination of
	<i>Please call (281) 497-7570</i>						speed & strength session



Memorial Athletic Club

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