OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			5:15AM DC - S	6:00AM BT- I	Spirit Spin	
				8:30AM CC2- I/S	6:00AM CC	No 8am Class
			9:30AM FV- S & I	9:30AM CC2- Circuit		
					9:30AM BD - S	10:00AM JB - S
5	6	7	8	9	10	11
	5:15AM DC - I & S	6:00AM JB- S	5:15AM ED - I	6:00AM BT- S		8:00AM AW- S & I
				8:30AM CC2- I/S		
	9:30AM AJ - I	8:30AM CC2- S	9:30AM FV- I	9:30AM CC2- Circuit		Begin N Spin 9:15AM JB- BNS
		9:30AM CC2- Circuit			0.20444 BD 1.8.6	
12	13	6:30PM TF-I & S	15	16	9:30AM BD-1&S	10:00AM JB- S & I
	5:15AM DC - I	6:00AM JB- I	5:15AM BS - S &I	6:00AM BT-1&S		10
	3,13, 2 3	8:30AM CC2- I	3.137 23 3 4	8:30AM CC2- S		8:00AM AW- I
	9:30AM ED 1 & S	9:30AM CC2- Circuit	9:30AM FV- S	9:30AM CC2- Circuit		
					9:30AM BD - I & S	10:00AM JB- I & S
		6:30PM TF-S				
19	20	21	22	23	24	25
Spirit Spin	20 5:15AM DC - I & S	21 6:00AM JB- I&S	22 5:15AM BS - I	23 6:00AM BT- S	24	25
					24	25 8:00AM - AW - S
Spirit Spin		6:00AM JB- 1&S		6:00AM BT- S	24	
Spirit Spin	5:15AM DC - I & S	6:00AM JB- 1 & S 8:30AM CC2- I/S	5:15AM BS - I	6:00AM BT- S 8:30AM CC2- I	9:30AM BD- S & I	
Spirit Spin	5:15AM DC - I & S 9:30AM AJ - S & I	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit	5:15AM BS - I	6:00AM BT- S 8:30AM CC2- I		8:00AM - AW - S
Spirit Spin	5:15AM DC - I & S 9:30AM AJ - S & I	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin	5:15AM BS - I	6:00AM BT- S 8:30AM CC2- I		8:00AM - AW - S
Spirit Spin	5:15AM DC - I & S 9:30AM AJ - S & I	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm	5:15AM BS - I	6:00AM BT- S 8:30AM CC2- I		8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I	5:15AM BS - I 9:30AM FV- RD	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I	5:15AM BS - I 9:30AM FV- RD	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I 9:30AM CC2- Circuit	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I 9:30AM AJ - S	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I 9:30AM CC2- Circuit	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC 26 Please remer	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I 9:30AM CC2- Circuit	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S	9:30AM BD-S&I	8:00AM - AW - S
7:30AM CC 26 Please remer	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I 9:30AM AJ - S mber to reserve you App. up to 3-days in	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 8:30AM CC2- I 9:30AM CC2- I 9:30AM CC2- Circuit 6:30PM TF-I ur bike on n advance	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S 9:30AM FV- S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S 9:30AM CC2- Circuit	9:30AM BD-S&I	8:00AM - AW - S
Please remer the MAC.	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I 9:30AM AJ - S mber to reserve you App. up to 3-days in	6:00AM JB- 1 & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I 9:30AM CC2- Circuit 6:30PM TF-I	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S 9:30AM FV- S	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S 9:30AM CC2- Circuit	9:30AM BD-S&I	8:00AM - AW - S
Please remer the MAC	5:15AM DC - I & S 9:30AM AJ - S & I 27 5:15AM DC - I 9:30AM AJ - S mber to reserve you App. up to 3-days in	6:00AM JB- I & S 8:30AM CC2- I/S 9:30AM CC2- Circuit Begin N Spin 5:45pm - 6:15pm 6:30PM TF-S & I 28 6:00AM JB- I 8:30AM CC2- I 9:30AM CC2- Circuit 6:30PM TF-I Jur bike on advance Betsy Dodson JB-Jeff Biehlendecky Stevens DC-Debbie Ca	5:15AM BS - I 9:30AM FV- RD 29 5:15AM BS - S 9:30AM FV- S CC-Charlotte Crawford	6:00AM BT- S 8:30AM CC2- I 9:30AM CC2- Circuit 30 6:00AM BT- RD 8:30AM CC2- S 9:30AM CC2- Circuit	9:30AM BD-S&I	8:00AM - AW - S 10:00AM JB - I

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