

2010 MAC Sports Summer Fun Memorial Athletic Club

Join us for an unforgettable week of Summer Sports Fun for youth ages 7-12 years. Camp T-Shirt included with registration.

Session Dates:

1. June 7—11
2. June 14-18
3. June 21-25
4. June 28-July 2
5. July 12-16
6. July 19-23
7. August 2—6



Crafts



Speed Strength Flexibility Endurance



A full day of awesome, healthy activities.

- 9-9:30 Registration and orientation
- 9:30-11—Parisi Speed School
- 11-11:30—Snack and Red Cross Basic Aid Course
- 11:30-Noon—Daily Craft, Multicultural Activities
- Noon- 12:45 Lunch and Reading Corner, kids bring their own lunch and favorite book.
- 12:45-1:45 pm—Daily Activity # 1
- 1:45-2:45—Youth Yoga
- 2:45-3:30 Daily Activity # 2
- 3:30-3:45—Snack and Board Games
- 3:45-5 pm Change into swim suits, and Red Cross Swim Lessons. **FRIDAY POOL AND PIZZA PARTY**



**MEMORIAL ATHLETIC CLUB
AND AQUATIC CENTER**

14690 Memorial Drive
Houston, Texas 77079
Memorial @ Dairy Ashford
Www.fitmac.com

Register in person at the front desk to secure your spot. Space is limited.

For More Information, please call Memorial Athletic Club 281-497-7570